

MENU					
DAY		WEEK 1	WEEK 2	WEEK 3	WEEK 4
Monday	<i>Main</i>	Steak pie, new potatoes & mixed vegetables Vegetable Pie (v) Peas	Chicken curry & vegetable rice Vegetable curry (v) Green beans	Chicken curry & rice Vegetable curry (v) Peas	Chicken fajitas, salad & sour cream Vegetable fajitas (v) Green beans
	<i>Dessert</i>	Strawberry mousse & homemade cookie	Jam & coconut tart	Artic roll	Blueberry muffin
Tuesday	<i>Main</i>	Turkey breast, roast potatoes, green beans, carrots & peas Celery & stilton quiche (v) Green beans	Pork sausages, fusilli pasta & gravy Asparagus quiche (v) Broccoli	Chicken pie, potatoes, green beans, carrots & peas Vegetable quesadillas (v) Brussel sprouts	Shepherd's pie (minced lamb) Vegetable pie (v) Sautéed courgettes
	<i>Dessert</i>	Chocolate crispy cake	Apricot flapjack	Banana cake	Lemon drizzle cake
Wednesday	<i>Main</i>	Macaroni cheese (v) Broccoli	Burger in a bun, curly fries & salad Vegetable burger (v) Peas	Cottage pie & broccoli Vegetable cottage pie (v) Green beans	Pork sausages, mashed potatoes, baked beans & gravy Vegetarian sausages (v) Broccoli
	<i>Dessert</i>	Fruit, yoghurt & granola	Fruit, yoghurt & granola	Fruit, yoghurt & granola	Fruit, yoghurt & granola
Thursday	<i>Main</i>	Lasagne bolognese & garlic or crusty bread Vegetable Lasagna (v) Mange tout	Meatballs in tomato & basil sauce with tagliatelle pasta Vegetable stir-fry (v) Curly Kale	Pasta with bolognese sauce, garlic or crusty bread & mixed salad Pasta with ratatouille (v) Mange tout	Chicken pie, boiled baby potatoes, sweetcorn & sliced green beans Mediterranean vegetable quiche (v)

	<i>Dessert</i>	Fruit jelly	Ice-cream tub	Mini chocolate chip muffin	Ring doughnut
Friday	<i>Main</i>	Cod goujons, chips & petit pois Leek & Potato Pie (v) Savoy cabbage	Fish fingers, sauté potatoes & petit pois Crispy vegetable bake (v) Leeks	Crispy cod goujons, chips & peas Spinach & mushroom quiche (v) Broccoli	Battered cod, chips & peas Cous cous with mediterranean vegetables (v) Peas
	<i>Dessert</i>	Fruit crumble & custard	Vanilla sponge & custard	Jam sponge & custard	Chocolate sponge & custard
Soup	<i>Soup is available daily, with a vegetarian soup available 3 times a week in addition to the above menu</i>				
Fresh produce	<i>We have a varied salad bar which includes coleslaws, green leaves, tomatoes, peppers, sliced ham and boiled eggs. A selection of fresh fruit is always available.</i>				