

MOUTHGUARD POLICY 05

The PE syllabus at Rose Hill includes the games of hockey and rugby and therefore there is an element of risk of injury. In the light of recent developments the school's policy on the use of mouthguards states:

1. The wearing of mouthguards for hockey and rugby is mandatory for all pupils in years 3 to 8 inclusive. (They can also be used for cricket, squash and other 'contact' sports as necessary).
2. It is strongly recommended that mouthguards are custom made, from a dental impression of the teeth taken by a qualified dentist, wherever possible.
3. Teachers, coaches and referees are not qualified to assess the quality of a mouthguard and will therefore only be able to ensure that one is being worn and not its standard. This remains the responsibility of the parent / guardian.
4. If however, a parent / guardian signs a written disclaimer stating that their child can play without a mouthguard, this will be accepted by the school, and the pupil will be excused from wearing one.

The disclaimer must state that:

- 1) The parent/guardian has been advised in writing by the school concerning the purpose and value of wearing a mouthguard.
- 2) The parent/guardian has read and understood the information about the purpose and value of wearing a mouthguard.
- 3) The parent/ guardian accepts full responsibility and liability in case of an accident where a mouthguard could have prevented or reduced the impact of any injury sustained.

Notes:

- A) *Where a child has lost or temporarily forgotten his/her mouthguard, the school holds a stock of "quick-fit" style ones that can, at short notice, be moulded to the child's teeth (e.g school match situations). These only have a limited time use and should not be used as a permanent replacement for the dentist produced type.*
- B) *The charge for the above type of temporary mouthguard is in the region of £3.00 (2005).*
- C) *During the summer term each child in the main school, takes home an O-pro mouthguard leaflet with information about the need for a mouthguard and the various costs. The O-pro dentists visit Rose Hill annually in the Autumn, and parents can make use of this service by returning the tear off section of the O-Pro leaflet directly to the **O-Pro company** (not to the school).*
- D) *The actual date of the O-pro visit is **Monday 26th September 2005** – it will also be printed in the School's Autumn calendar. If you do not received a leaflet by the end of term or would like one anyway please contact The Head of PE or Mr Coventry at School as soon as possible.*